This listing of claims will replace all prior versions, and listings, of claims in the application.

IN THE CLAIMS:

- 1. (currently amended) A method of modulating the concentration of a targeted expression of a target RNA molecule in a cukaryotic cell comprising the step of contacting said cell with an oligonucleotide consisting of 8 to 80 linked nucleosides and having
 - a first region of nucleotides, each having a first of one-conformation which, when said oligonucleotide is bound to said targeted target RNA molecule, forms a substrate for cleavage by an RNase;
 - b) a second region of nucleotides, each having a different second conformation which, when said oligonucleotide is bound to said targeted target RNA molecule does not form a substrate for cleavage by an RNase, and
 - c) a transition moiety which modulates the transmission of the conformation of said second region into said first region.
- 2. (original) The method of claim 1, wherein the second region is positioned 5' to the first region.
- 3. (original) The method of claim 1, wherein the first region comprises deoxynucleotides.
- 4. (original) The method of claims 3, wherein the second region comprises 2'-O-alkoxyalkyl ribonucleotides.
- 5. (original) The method of claim 4, wherein the 2'-O-alkoxyalkyl ribonucleotides are 2'-O-methoxyethyl ribonucleotides.
- 6. (original) The method of claim 1, wherein the internucleotide linkages in the first or second regions are phosphorothioates.
- 7. (original) The method of claim 1, wherein the transition moiety is positioned between said first and said second regions.

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- 8. (original) The method of claim 1, wherein the transition moiety is a region of 2-10 nucleotides comprising at least one:
 - a) modified nucleotide, or
 - b) flexible hydrocarbon internucleotide linker.
- 9. (original) The method of claim 8, wherein the modified nucleotide is selected from a modified base nucleotide, a modified sugar nucleotide, a modified or unmodified sugar abasic nucleotide, a THF nucleotide, or an acyclic nucleotide.
- 10. (original) The method of claim 8, wherein the flexible hydrocarbon internucleotide linker is C₃-C₆ alkylene.
- 11. (currently amended) The method of claim 9, wherein the modified base nucleotide comprises a modified base moiety which does not form hydrogen bonds with the bases of the targeted target RNA molecule and can optionally π stack with adjacent bases.
- 12. (original) The method of claim 11, wherein the modified base moiety is a universal base, a promiscuous base, a size expanded base or a fluorinated base.
- 13. (original) The method of claim 12, wherein the modified base moiety is tetrafluoroindolyl.
- 14. (original) The method of claim 8, wherein the modified sugar nucleotide is a 2'-ara-modified nucleotide.
- 15. (original) The method of claim 14, wherein the 2'-ara-modified nucleotide is a 2'-ara-fluoro nucleotide.
- 16. (original) The method of claim 8, wherein the modified sugar moiety is an acyclic sugar analog.
- 17. (currently amended) The method of claim 1, further comprising a third region of nucleotides, each having a third conformation different than the conformation of said first region, said third region which, when said oligonucleotide is bound to said targeted target RNA molecule does not form a substrate for cleavage by an RNase.
- 18. (canceled)

- 19. (currently amended) The method of elaim 18 claim 17, wherein said third region has the same conformation as the second region.
- 20. (original) The method of claims 19, wherein the second region comprises 2'-O-alkoxyalkyl ribonucleotides.
- 21. (original) The method of claim 20, wherein the 2'-O-alkoxyalkyl ribonucleotides are 2'-O-methoxyethyl ribonucleotides.
- 22. (currently amended) The method of claim 17, further comprising a second transition moiety which modulates the transmission of the conformation of said third region into said first region.
- 23. (original) The method of claim 22, wherein the transition moiety is a region of 2-10 nucleotides comprising at least one:
 - a) modified nucleotide, or
 - b) flexible hydrocarbon internucleotide linker.
- 24. (original) The method of claim 23, wherein the modified nucleotide is selected from a modified base nucleotide, a modified sugar nucleotide, a modified or unmodified sugar abasic nucleotide, a THF nucleotide, or an acyclic nucleotide.
- 25. (original) The method of claim 23, wherein the flexible hydrocarbon internucleotide linker is C₃-C₆ alkylene.
- 26. (original) The method of claim 24, wherein the modified base nucleotide comprises a modified base moiety which does not form hydrogen bonds and can optionally π stack with adjacent bases.
- 27. (original) The method of claim 26, wherein the modified base moiety is a universal base, a promiscuous base, a size expanded base or a fluorinated base.
- 28. (original) The method of claim 26, wherein the modified base moiety is tetrafluoroindolyl.
- 29. (original) The method of claim 24, wherein the modified sugar nucleotide is a 2'-ara-modified nucleotide.

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- 30. (original) The method of claim 29, wherein the 2'-ara-modified nucleotide is a 2'-ara-fluoro nucleotide.
- 31. (original) The method of claim 24, wherein the modified sugar moiety is an acyclic sugar analog.
- 32. (currently amended) The method of any one of the above claims, wherein the eukaryotic cell is present in an animal.